

LARRY A. HOFF ePOST 2100



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Issue #87 JUNE, 2020

COMMUNICATION IS POWER

TO OPT OUT OF OUR NEWSLETTERS, E-MAIL MARIA KLENHARD

Junior Vice CommanderOPEN

Post Commander..... ROBERT GREEN

Finance Officer..... MAC MCMILLAN

Judge Advocate..... TED RICHARDS

Exec. Committee..... ED MCMILLAN

Sergeant-at-Arms......DAVID GREEN Service Officer.....ED MCMILLAN

OUR NEXT MEETING

YOUR CYBER POST OFFICERS

Senior Vice Commander...... MARIA KLENHARD 916-952-7691

Adjutant...... MARIA KLENHARD 916-952-7691

JUNE 18th at 7:30 PM, is slated for our next tele-meeting, by invitation, using GoToMeeting. E-mail me if you want an invite:

commander@epost2100.org.

Our tele-meetings are provided for you to learn about and have input regarding your cyber Post. BTW, have you visited Our Web site, lately?

OPT OUT

It may go without saying, but remember,

most pages and click on the word, unsub-

NO FREE LUNCHES

Times of crises bring out both the

Concerning the worst, this is just a

reminder that the Internet, snail mail

and telephones are now filled with

more than normal highly sophisticat-

Avoid any knee-jerk reactions to con-

funds you had no hand in gaining.

best and the worst of humanity.

if you are irked by some unwanted

emails, scroll down to the bottom of

OUR HELP DESK STANDS READY TO ASSIST US VETERANS WITH FREE COMPUTER-RELATED AID.

ROBERT MCTUREOUS 404-304-1772



COMMANDER'S CORNER

This is our eighty-seventh newsletter and high time for reflection, suggestions, and relevance.



Are newsletters germane, or fodder for automatic deletion? Are they easily read or too much to plough through? Should format be reconsidered?

Should content include congrats on birthdays, publish jokes, inspirational items, calendar, photographs, recipes, latest VA/ veteran news? What content should it not include?

Is a monthly publication sufficient or is less, more, such as bimonthly or semi-annually? I favor, monthly.

Obtaining uncopyrighted material can be challenging, so there is always room for member submissions. As editor, I will review and edit material for legality, grammar, spelling, etc., though most word processors do a creditable job regarding grammar and spelling, but are not perfect (for, fore, four...too, to, two). Remember, we cannot be political.

So this is a plea for your input, as the newsletter is our Post's tribute to what might seem as valid main communication with and for you. We have a Web site, but it is fairly static, unlike the monthly newsletter. BTW, I do charities and organizations or to get readily accept constructive criticism <grin>.

Beware.

ed scammers.

scribe.

Bob Green 770-786-8702

 To breast cancer. Since that time, the Vietnam Air Force veteran has been paying off medical bills, surviving on a limited income, and living wherever he can find shelter. A small Volkswagen was about to be Bolton's new living arrangements, a space that would have been "awfully uncomfortable at the age of 71," he said. Thankfully, Thomas M. Brady Inc. American Legion Post 45 in Canton, Ga., stepped in "and made a difference in my life." Bolton will have permanent shelter in his new tiny home. Portunately, for our Legion members, such precautions were and are not necessary, as we have always practiced safe distancing as part of our Internet meetings and communications. <grin></grin> We wish our other Georgia and national Posts an easy transition with regard to safe practices during this Covid-19 emergency and maybe better appreciate our own Standard Operating Procedures. Bolton "was the perfect recipient for us to give it to," said Jim Lindenmayer, service officer for Post 45 and director of the Cherokee County Homeless Veterans Program (an affiliated nonprofit of Post 45 made up of 100 percent volunteers). Last summer Lindenmayer was notified that students from Blessed Trinity Christian High School were in the process of building a tiny house and 	NO HUNKERING DOWN	POST 45'S HELP
	sent out to Georgia's brick-and-mortar American Le- gion Posts about new requirements for meetings, events and elections. The restrictions and requirements were necessary in order to comply with State rules to avoid contracting and spreading the Covid-19 virus. Fortunately, for our Legion members, such precau- tions were and are not necessary, as we have always practiced safe distancing as part of our Internet meetings and communications. <grin> We wish our other Georgia and national Posts an easy transition with regard to safe practices during this Covid-19 emergency and maybe better appreci-</grin>	 viving on a limited income, and living wherever he can find shelter. A small Volkswagen was about to be Bolton's new living arrangements, a space that would have been "awfully uncomfortable at the age of 71," he said. Thankfully, Thomas M. Brady Inc. American Legion Post 45 in Canton, Ga., stepped in "and made a difference in my life." Bolton will have permanent shelter in his new tiny home. Post 45 recently gifted Bolton – a Paid Up for Life member of Post 316 in nearby Woodstock, Ga. – with the tiny home that was made possible by the efforts of Legionnaires, Blessed Trinity Christian High School in Roswell, a Home Depot Foundation grant and community support. Bolton "was the perfect recipient for us to give it to," said Jim Lindenmayer, service officer for Post 45 and director of the Cherokee County Homeless Veterans Program (an affiliated nonprofit of Post 45 made up of 100 percent volunteers). Last summer Lindenmayer was notified that students from Blessed Trinity Christian High School were in the process of building a tiny house and wanted to donate it to a homeless veteran through

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Recruiter's Phone #

Recruiter's Signature

FROM HEALTH AND HUMAN SERVICES

COVID-19 INFORMATION

According to the CDC, people with COVID-19 can have a <u>wide range of symptoms</u> — ranging from mild symptoms to severe illness. **Symptoms may appear 2-14 days** after exposure to the virus.

People with these symptoms may have COVID-19:

Cough

• Muscle pain

• Sore throat

- Shortness of breath or difficulty breathing
- New loss of taste or smell

- Fever
- Chills

This list is not all inclusive. Other less common symptoms have been reported, including nausea, vomiting, or diarrhea.

If you think you or a loved one has COVID-19 symptoms, call your healthcare provider about your symptoms and getting tested.

Important: Get medical attention immediately if you develop emergency warning signs for COVID-19 — like trouble breathing, persistent pain or pressure in your chest, or bluish lips or face

POST 45'S HELP—CONTINUED FROM PAGE 2

the CCHVP. However, the students needed funds to complete the project.

CCHVP works closely with Habitat for Humanity and the Home Depot Foundation, fulfilling about 10 projects a year for veterans in need of home repairs with grants from the Home Depot Foundation – in 2019 alone the program received about \$100,000 in grants. So CCHVP was able to secure a Home Depot grant and other financial assistance from the community for Post 45 to build the tiny house that features a loft for a bed, bathroom, living area, and a kitchen with appliances such as a stove and refrigerator.

When it came time to gift the tiny home to a homeless veteran, one couldn't be identified due to restrictions in place – the home was not permitted to be in Cherokee County. "We were trying to find the right veteran to get it," Lindenmayer said. And that's when Post 45 learned that Bolton, who owned an acre of land in a county north of Cherokee, was getting evicted from his current residence. CCHVP went through Bolton's qualifications and said, "This is the guy we want to give it to. It's perfect for him," Lindenmayer said.

Bolton is waiting on the permit so the tiny home can be placed on his land, along with water and sewer hookup. When Bolton learned that he was going to be able to live on his own land, which he had on the market to sell for a few years, "I thought that was wonderful. It will make for my old age to live comfortable," said Bolton, who is currently living with some friends. "This means everything. I will be able to enjoy life again."

Bolton said he's appreciative of Post 45's generosity and the efforts of Lindenmayer in making the tiny home possible for him. For Lindenmayer, it was about giving Bolton "a house of his own." **CONTINUED ON PAGE 4**

POST 45'S HELP—CONTINUED FROM PAGE 3

The tiny home is just one of the many ways that Post 45 and CCHVP supports veterans in the community.

Post 45 provides transportation and housing needs

Two years ago Lindenmayer met a 100-percent service-connected disabled veteran, with a wife and two kids, whose 20-year-old car quit running and he couldn't afford a new one. By fate Lindenmayer received a call from a veteran who had a 1995 car with 195,000 miles that he and his wife were no longer using and wanted to donate it to a veteran in need of one.

The opportunity to provide reliable transportation sparked the idea for Post 45 to implement a vehicle donation program for veterans that need it most. Since that time, Post 45 has donated 16 vehicles to qualified veterans – those who are honorably discharged and at least 70 percent VA service-connected disabled or former homeless veterans who have overcome their situation and are now back on their feet.

Last month, the program gave two cars to veterans. One was given to Darius Roy, a Navy veteran who recently transitioned out of the military and has been without a car for years. But he needed transportation to get to work and take his daughter to school.

"When you have somebody like The American Legion who comes and steps in and helps you make that transition once you get out of the service it's definitely a blessing," Roy said.

Lindenmayer said about 80 percent of the used vehicles given to the program – which are retitled to Post 45 through the DMV – are from other veterans.

All vehicles received by the post for donation are sent to a local mechanic, who is a veteran, for inspection and repairs if needed. Then, the vehicles are sold to veterans for \$1.

"People know that if they have a need they call us, and we do it for them," Lindenmayer said. "This is what we do about giving back ... this is what we're supposed to do is take care of veterans and the Legion should be in front of this and that's what we're doing."

Lindenmayer said most vehicle donations have been to formerly homeless veterans, including one to a homeless Navy veteran who was walking to and from his Walmart job nightly for over a year.

Lindenmayer said the veteran has to have a valid driver's license, pay for the car tax, insurance, and basic needs.

Post 45 and CCHVP's furniture donation program is similar to the vehicle donation program where veterans and non-veterans donate unused furniture to other veterans in need. The moving company Two Men and a Truck heard what the post was doing and wanted to provide moving fees for free.

The program has been underway for only four months but in that short amount of time they have already moved 20 families and provided furniture to house the homes.

Furniture donated is dropped off at Post 45 or it's picked up from the donor and given to the veteran family that needs it. Lindenmayer said furniture donated is veterans giving to veterans. "That's what they want to do. They want to donate it to another veteran, and we're happy to make sure it gets to another veteran.

"We do a lot here in the community. And we're making life-changing donations."